



**Altavista Area YMCA Child Watch
Hours of Operation & Procedures
434-369-9622, ext. 0**

The intent of child watch is to be a non-structured drop-in service for the convenience of the YMCA members while exercising or participating in a YMCA program.

CHILD WATCH HOURS:

Mornings

Monday, Wednesday, and Friday: 8:30am-10:00am and 10:00am-11:30am

Tuesday and Thursday: 8:30am-10:30 am

Saturday: 8:00 am-9:30am and 9:30am-11:00am

Afternoons

Monday-Thursday: 3:30pm-5:30pm, 5:30pm-7:00pm, and 7:00pm-8:30pm

Friday: 3:30pm-5:30pm and 5:30-7:00pm

Because there are a limited number of spaces available for child watch, reservations are required. It is for YMCA members only.

Drop-ins are **not** allowed.

Participants may call as early as 2 days in advance to reserve a slot. May register on Friday for Monday. Participants may only sign up for one time slot.

Leaving a voicemail after business hours does not guarantee a time slot. Please call during business hours for child watch.

Call the YMCA immediately to cancel time slot. Failure to do so could result in loss of child watch privileges.

\$10.00 guest fee will be charged to participants who bring nonmember children to the child watch. This is to be paid to the front desk before entering child watch.

Child watch is available for participants using the YMCA or exercising. They may not leave the YMCA to do anything other than exercise. A cell phone must be carried by the parent if leaving to participate in an outdoor activity.

If no one has signed up 15 minutes before a specific time, the YMCA reserves the right to cancel that time slot.

The age limit is 3 months through 9 years of age. Children may not leave room unless signed out by a parent.

If someone is picking up child other than the person who dropped off the child, proof of I.D. will be required as well as advance notice to staff.

When using the YMCA, children under the age of 10 must be with the parent at all times or in child watch.

Pick up child no later than 5 minutes after working out, especially if a class ends & the next time slot has begun.

Snacks are not allowed, due to hygiene, allergies and choking hazards. Sippy cups are allowed.

Participants will be notified if their child will not calm down or becomes a discipline problem. Please read back of sheet for discipline guidelines.

The YMCA Directors are required by law to report to DSS any signs of neglect or abuse that is learned or observed.

Soiled diapers are the responsibility of the participants and they will be notified.

Children with a contagious illness cannot be allowed in the child watch center.

Child Watch

Discipline

*Our goal is to develop self-discipline, responsibility for self, and respect for others. It is based on the use of positive reinforcement, reasonable expectations, distraction and diversion.

*Parent will be notified after 15 minutes if their child will not calm down, becomes a discipline problem, or demonstrates inappropriate behavior. This includes, but not limited to, spitting, biting, harm to self, harm to others, or harm to property.

*Inappropriate behavior may lead to the loss of Child Watch Services.

*We employ the following discipline policy:

Minor Offense: not listening, disrespectful to staff, inappropriate language, refusal to put toys away, etc.

Action: One verbal warning, then parent will be found, and child will be removed from room

Major Offense: hitting, biting, pushing, kicking, etc.

Action: no warning, parent will be found, and child will be removed from room

*Understanding that parents have their own methods of discipline, staff will not discipline a child other than to give one verbal warning for a minor offense. It is the responsibility of the parent(s) to discipline their child.

*If a child's inappropriate behavior continues on a regular basis, a conference between the parent(s) and coordinator may become necessary to determine if there will be a loss of privileges based upon the severity of the behavior.

*Although this policy may interfere with your personal workout needs, our goal is to provide a positive and safe experience for all children in Child Watch. Parents need to keep in mind that this service is a benefit for YMCA members, not a right.