

American Red Cross  
**2019 Lifeguard Certification Courses**

Conducted by the Altavista Area YMCA

**Cost: \$195.00**

\*Limit of 10 students per class. There must be a minimum of five participants to make a class.  
Sign up early!!!

**Session I: Register by April 25th**

**Time: 9:00-3:30 Dates: Saturdays April 27, & May 4, 11, 18**

- You must attend all four Saturday classes. No make up classes unless due to weather or illness of instructor. It will be made up on a Sunday to be chosen later.
- Students must be 15 years old by date of last class. No exceptions. Bring proof.
- To participate in the course, you must pass a prerequisite skill's evaluation on the first day that includes a 300 yard swim, 2 minute legs-only tread & a timed swim retrieving in deep water of a 10 pound object. **Please do not wear contacts, just glasses.**

**Session II-Register by May 24**  
**RECERTIFICATION LIFEGUARDING**

**Date:** Saturday May 25 **Time:** 9:00 am until finished

**Cost:** \$150.00

SEND OR BRING REGISTRATIONS TO FAMILY CENTER:

Altavista Area YMCA  
1000 Franklin Avenue  
Altavista, VA 24517

(Any questions call (434) 369-9622 or e-mail [LFrancis@altavistaymca.com](mailto:LFrancis@altavistaymca.com))

**Make Check payable to the Altavista Area YMCA**

**There is a 15% cancellation fee.**

-----REGISTRATION FORM-----

SESSION: \_\_\_\_\_ DOB \_\_/\_\_/\_\_ NAME OF PARTICIPANT: \_\_\_\_\_

DATE OF FIRST CLASS: \_\_\_\_\_ PHONE NUMBER: \_\_\_\_\_

PARTICIPANT'S ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

**PARTICIPANTS'S EMAIL ADDRESS:** \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_ PHONE NUMBER(S): \_\_\_\_\_

-----OFFICE USE ONLY-----

ALL FIELDS MUST BE COMPLETED & FULL FEE PAID FOR REGISTRATION TO BE OFFICIAL.

AMOUNT PAID: \_\_\_\_\_ PAYMENT TYPE: \_\_\_\_\_ CHECK NUMBER: \_\_\_\_\_ DATE PAID: \_\_\_\_\_