

American Red Cross
2018 Lifeguard Certification Courses

Conducted by the Altavista Area YMCA

Cost: \$195.00

*Limit of 10 students per class. There must be a minimum of five participants to make a class.
Sign up early!!!

Session I: Register by April 19th

Time: 9:00-3:30 Dates: Saturdays April 21, 28 & May 5, 12

- You must attend all four Saturday classes. No make up classes unless due to weather or illness of instructor. It will be made up on a Sunday to be chosen later.
- Students must be 15 years old by date of last class. No exceptions. Bring proof.
- To participate in the course, you must pass a prerequisite skill's evaluation on the first day that includes a 300 yard swim, 2 minute legs-only tread & a timed swim retrieving in deep water of a 10 pound object. **Please do not wear contacts, just glasses.**

Session II-Register by May 18
RECERTIFICATION LIFEGUARDING

Date: Saturday May 19 **Time:** 9:00 am until finished

Cost: \$150.00

SEND OR BRING REGISTRATIONS TO FAMILY CENTER:

Altavista Area YMCA
1000 Franklin Avenue
Altavista, VA 24517

(Any questions call (434) 369-9622 or e-mail LFrancis@altavistaymca.com)

Make Check payable to the Altavista Area YMCA

There is a 15% cancellation fee.

-----REGISTRATION FORM-----

SESSION: _____ DOB __/__/__ NAME OF PARTICIPANT: _____

DATE OF FIRST CLASS: _____ PHONE NUMBER: _____

PARTICIPANT'S ADDRESS: _____ CITY: _____ ZIP: _____

PARTICIPANTS'S EMAIL ADDRESS: _____

EMERGENCY CONTACT: _____ PHONE NUMBER(S): _____

-----OFFICE USE ONLY-----

ALL FIELDS MUST BE COMPLETED & FULL FEE PAID FOR REGISTRATION TO BE OFFICIAL.

AMOUNT PAID: _____ PAYMENT TYPE: _____ CHECK NUMBER: _____ DATE PAID: _____