



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Fall/Winter Swim Lessons 2018-19

Altavista Area YMCA

Instructors certified in American Red Cross Water Safety

Please take swimming skills quiz on the back of this sheet to determine which level is appropriate for your child

Cost: members \$40.00 Non-Members \$60.00

Register for swim lessons at 1000 Franklin Ave.

Time	Sept 10- Oct 3	Sept 21- Nov 9	Oct 8-31	Nov 5-28	Jan 7-30	Feb 4-27
Days the class is offered	Monday Wednesday	Fridays	Monday Wednesday	Monday Wednesday	Monday Wednesday	Monday Wednesday
11:30- 12:00	Preschool Level I-II		Preschool Level I-II	Preschool Level I-II	Preschool Level I-II	Preschool Level I-II
9:45- 10:30		Adult Beginner				
4:45- 5:30	Level I/II		Level I/II	Level II/III	Level I/II	Level II/III

Watch for these different levels to be offered during the year.

Preschool Level I or II	Classes for 3 to 5 years old
School age Level I or II	Beginning swimmers with no, little or some swimming ability
School age Level III	Independent swimmers that need to improve strokes or learn more strokes
Level I or I/II	Age 4 and up- a mix of preschool and school age beginner swimmers
Level II/III	A mixed class of some swimming ability or needing to improve
Water babies	A class with child and adult in pool participation age 6 months to 4 years old
Adult classes	For adults or teens to learn or improve their swimming
Swim camp	Experience the swim team format—must be able to swim the length of the pool-25 yards on front and back.

Cancellation fee is 15% or transfer to another class. Class size limited to 6 students.

Classes may be cancelled if less than 3 participants. Classes cancelled due to severe weather will be made up if the schedule permits. The Altavista YMCA is fortunate to have the E.R. English Scholarship Fund for those who need financial assistance. Call 369-9622, altavistaymca.org or email LFrancis@altavistaymca.com for more information.