



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

YMCA ATHLETIC CENTER

Main Gym Schedule

Schedule is subject to change

December – March Youth basketball– Both courts 5:30pm–7:30pm, Monday – Friday & 8:00am – 1:00pm on Saturday

Multiple activities are often scheduled in this gym at the same time.

Gym Rules

Please wear athletic shoes. No flip-flops or sandals

No food or drinks

Put basketballs into bin when leaving

Age Guidelines

Youth may be with parents in gym at any time.

*1:00–6:00pm youth 10 & up may be in gym

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:30am-1:00 Open Gym**	4:30am-1:00 Open Gym**	4:30am-1:00 Open Gym**	4:30am-1:00 Open Gym**	4:30am-1:00 Open Gym**		
10:00-1:00 Court 1 Pickleball	10:00-1:00 Court 1 Pickleball	10:00-1:00 Court 1 Pickleball	10:00-1:00 Court 1 Pickleball	10:00-1:00 Court 1 Pickleball	8:00-4:45 Open Gym**	
1:00-6:00 Youth Gym*	1:00-6:00 Youth Gym*	1:00-6:00 Youth Gym*	1:00-6:00 Youth Gym*	1:00-6:00 Youth Gym*	1:00-4:45 Youth Gym*	1:00-4:45 Youth Gym*
					4:45pm Gym Closed	4:45pm Gym Closed
7:00-9:15 Court 2 Volleyball	6:00-9:15 Open Gym**	7:00-9:00 Court 1 Pickleball	6:00-9:15 Open Gym**	6:00-9:15 Open Gym**		
9:15pm Gym Closed	9:15pm Gym Closed	9:15pm Gym Closed	9:15pm Gym Closed	9:15pm Gym Closed		

Altavista Area YMCA

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