



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

October, 2016

Payment for Membership may be made as follows:

1. Automatic monthly bank draft.

We recommend the convenience of the bank draft system.

It spreads your membership fee over 12 monthly payments and avoids the problem of having to remember your annual renewal date.

2. Cash or check for total annual fee and joiner's fee.
3. MasterCard or VISA for total annual fee and joiner's fee.

**FULL YMCA MEMBERSHIP includes the Wellness Center and Group Fitness Classes (age 11 & up)**

Youths 11 - 13 years of age are not to use the free weights; membership only includes equipment situated on the carpet. The free weight room is off limits. See Wellness Staff for more information.

|  | Bank Draft Changes | Annual   | Joiner's Fee |
|--|--------------------|----------|--------------|
| Youth membership +1 WC                       | \$28.00/month      | \$336.00 | \$20.00      |
| Adult membership + 1 WC                      | \$35.00/month      | \$420.00 | \$40.00      |
| Family membership + 1 WC                     | \$40.00/month      | \$480.00 | \$60.00      |
| Family membership + 2 WC                     | \$54.00/month      | \$648.00 | \$60.00      |
| Family + 3 or more WC                        | \$68.00/month      | \$816.00 | \$60.00      |
| Senior membership + WC (65 & up)             | \$29.00/month      | \$348.00 | \$25.00      |
| Senior Family +1 WC                          | \$37.00/month      | \$444.00 | \$25.00      |
| Senior + 2 WC                                | \$51.00/month      | \$612.00 | \$25.00      |
| *College Rate + WC (boarding away from home) | \$18.25/month      | \$219.00 | \$20.00      |
| **College Rate + WC (living at home)         | \$28.00/month      | \$336.00 | \$20.00      |

\*This rate is for full time students living away from home, maximum age is 23 years old, attending college outside the area, not living at home.

\*\*This rate is for full-time students living at home, maximum age is 23 years old

| BASIC YMCA MEMBERSHIP           | Bank Draft Changes | Annual   | Joiner's Fee |
|---------------------------------|--------------------|----------|--------------|
| Youth membership (ages 10 - 18) | \$14.00/month      | \$168.00 | \$20.00      |
| Adult membership                | \$21.00/month      | \$252.00 | \$40.00      |
| ***Family membership            | \$26.00/month      | \$312.00 | \$60.00      |
| Senior membership (65 & up)     | \$15.00/month      | \$180.00 | \$25.00      |
| Senior Family                   | \$23.00/month      | \$276.00 | \$25.00      |

\*\*\*dependent children who are 18 years of age and under/or full-time college students (to age 23)



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## **FULL MEMBERSHIP INCLUDES:**

**Full access to all facilities including to the Wellness Center which includes:**

- Full access to the Virginia/North Carolina YMCA Reciprocity Program- may visit any YMCA in Virginia or North Carolina complimentary with no restrictions as long as the Altavista Area YMCA is used most often- define as 50% of the time. Remember to swipe your membership card and present a form of identification at the visiting YMCA.
- Cardiovascular equipment
- Strength training equipment
- Stability balls, medicine balls, kettlebells, exercise tubes, straps
- Free weights and dumbbells
- Body fat, blood pressure and other screenings
- 3 complimentary orientations and workout updates
- Exercise guidance
- Indoor pool
- Locker facilities (Family Center and Athletic Center)
- Tennis courts
- Racquetball court
- Complimentary Child Watch
- Complimentary group fitness classes (water and land)

## **\*BASIC YMCA MEMBERSHIP INCLUDES:**

- Indoor track
- Gymnasium
- Racquetball court
- Indoor pool
- Tennis courts
- Locker facilities (Family Center and Athletic Center)
- Sauna
- Complimentary Child Watch
- Discount on group fitness classes (water and land) □ Discount on most YMCA programs

\*Basic membership does not include the Virginia/North Carolina Reciprocity Program. Membership is only good at the Altavista Area YMCA